



DESIGN AND DISCOVER

with Madeira Thread



Shamrock Towel



Every kitchen needs a shamrock hand towel for St. Patrick's Day. Easily piece together strips of fabric and add a festive embroidery design to make this fun towel.

Skill Level: Beginner

Created by: Lisa Knight

Supplies:

Sewing and embroidery machine with IQ designer or similar technology

5" x 7" embroidery hoop

Kelly green linen hand towel purchased from a blank supplier or your favorite source

1 fat quarter of green cotton fabric in your favorite colors or themed print
Madeira Rayon color number 1248 light green
Madeira Rayon color number 1250 dark green.
Madeira Rayon color number 1377 medium green
Madeira Rayon color number 1250 in the bobbin so that the bobbin thread
matched closely to the towel color

Instructions:

- 1) Open IQ Designer.
- 2) Go to the shapes icon and choose the heart.
- 3) Choose the size key and reduce the size proportionately in all 4 directions to 2.50" x 2.61".
- 4) Move the heart to the top of the design page. Select duplicate. Rotate the copied heart 90 degrees to the right and then move this heart over and down. Then click duplicate key again and click rotate 90 degrees to the left 2 times.
- 5) Now move the left heart shape together with the top right heart shape. Then select the right heart shape by drawing a box around it. Next move it like you did the left heart shape so that it intersects with the original heart shape. When trying to get your intersection the way you want it, zoom into your page 400%.
 - a. TIP: You should save it to memory. This will keep you from having to start from scratch if you make an error along the way.
- 6) Select the erase icon on the screen. With your stylus, begin to remove the lines you do not want.
 - a. Tip: When erasing or editing, lift the stylus off the screen periodically so that if you need to undo an area it does not undo a big area just small portions at a time.
- 7) Use the navigation box on the upper right of the screen to trace around your shamrock. Make sure you have not missed any areas that you wanted to erase and to make sure that all the lines that you have left are continuous so that there are no gaps. Now is the time to fix those.
- 8) Once you are finished erasing the unwanted lines you will have a shamrock shape. Save this shape to the Memory Pocket on the machine.
- 9) Open the shapes icon again. Open the line shapes and choose the spiral swirl. Reduce the size and stretch a little lengthwise to create the stem. Place it where you want it and save the design to the Memory Pocket on the machine.
- 10) Select Fill Properties. Select fills. Select the Celtic design. Select green color. Select the beaker icon and then touch inside the shamrock shape

with your stylus. This will add the selected fill to the inside area of the shape. Click next and then click on the fill icon. Reduce size of fill to 65% and click set. Save to Memory Pocket on your machine.

11) Select your stem section and make sure it is where you want it. Then select line properties. Choose chain stitch and a color. Select the beaker icon and touch the stem line. Now select line properties again, select the candle wicking stitch and a color and touch the outline of the shamrock. Save to Memory Pocket on your machine.

a. Tip: Make sure to select your items in the order that you would like them to stitch.

b. Now is the time to test stitch this design out on fabric of similar weight.

12) Once you are happy with the size and stitch out of your design, you can create your towel.

13) Pre-wash your fabric and towel so that any shrinkage or color running happens before you complete your project.

14) To prep the towel, use a tear away wash away stabilizer. If you're towel is very light weight you may want to treat with Terial Magic which is a topical spray on stabilizer that washes away after it is complete but makes the fabric stiff for stitching. Hoop your treated towel and a piece of tear away wash away stabilizer in a 5" x 7" hoop.

15) Position your design using your favorite method. Once positioned proceed to stitch.

a. Madeira Rayon color number 1248 Light green.

b. Madeira Rayon color number 1250 Dark green.

c. Madeira Rayon color number 1377 Medium green.

d. Madeira Rayon color number 1250 in the bobbin so that the bobbin thread matched closely to the towel color.

16) When stitching is complete you will want to cut or tear away as much stabilizer as possible. Then wash, dry and press the towel.

17) Now you are ready to add the band and complete the towel.

18) Cut the band fabric 2.5" x .5" wider than the towel.

19) Cut the second band fabric 1.5" x .5" wider than the towel.

20) Stitch the 2 fabrics together with a ¼" seam. Press towards darker fabric.

21) Stitch band fabric to bottom edge of towel with right side of towel and right side of band together. Press towards towel.

22) Now press sides of band in ¼" on each side and press the bottom of band under a ¼". Miter the corners.

23) Now press band up to cover the bottom of the towel pin where you want it and then edge stitch band at sides and top of band. Using an edge foot for the machine is helpful at this point.

24) Press and your towel is complete.

For other fun projects like this one, visit Madeira at www.sewmadeira.com.

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